



Myopia Control MiSight Treatment Frequently Asked Questions

At **Good Life Eyecare** we believe you and your child's eyesight is **PRECIOUS!** We want to help you make the best decisions about your child's eyes so they can keep their sight for life.

During your Myopia Control Evaluation with Dr. Klute we discussed the *MiSight® 1 day contact lens for your treatment plan of choice. As we guide you through this process we want to supply you with the tools needed to succeed. Please see below a few selected links to frequently ask questions and helpful videos as you begin this journey with Myopia Control and *MiSight® 1 day contact lens.

The *MiSight® 1 day contact lens is the only FDA approved soft contact lens indicated to slow the progression of myopia (nearsightedness) in children, aged 8-12 at the initiation of treatment^{1†}. Slowing of myopia progression is expected but not guaranteed. We are excited to journey together with your family in this program now and into the future. We are committed to be available along this journey and we ask for your commitment to the visit schedule and lens wear expectations.

Contact Lens Supply - Our office has ordered your 6 month supply of contacts. They will be shipped to your home with the supplied address on file. At your 6 month evaluation we will determine the proper prescription for the last 6 month supply needed to finish the year.

Wear Time - Children in the clinical trial were asked to wear their lenses ≥ 10 hours per day and ≥ 6 days per week. Most enjoyed wearing their lenses 11 to 14 hours per day.

Lens Wear – Insertion and Removal

To optimize a successful wearing experience, please follow the insertion and removal instructions provided during your training. As a reminder avoid the three S's: sleeping, swimming, showering. You can find instructional videos on the MiSight® YouTube channel.

If at any time during the program your child experiences eye pain, discomfort, and/or redness, your child should remove the lenses immediately and you should contact our practice to speak with Dr. Klute.



Helpful Links for MiSight Myopia Control Treatment:

Terra's Story: <https://vimeo.com/653742689>

MiSight Website: <https://coopervision.com/myopia-management>

Any questions? Please call 402.697.5122.

We look forward to serving you on this journey towards your child's eye health.

All our best,

The Good Life Eyecare Team