

## Myopia Control Atropine Treatment Frequently Asked Questions

At **Good Life Eyecare** we believe your child's eyesight is **PRECIOUS**! We want to help you make the best decisions about your child's eyes so they can keep their sight for life.

**During your Myopia Control Evaluation with Dr. Klute** we discussed the Atropine Drops for your treatment plan of choice. As we guide you through this process we want to supply you with the tools needed to succeed. Please see below for some frequently ask questions and helpful videos as you begin this journey with Myopia Control and the Atropine Eye Drops.

## How do we get the Atropine eye drops?

Dr. Klute will prescribe the correct dosage of drops to our compounding pharmacy. We utilize Redline Specialty Pharmacy in Hastings, NE to supply all our Atropine Eye Drop patients. Redline will compound and ship the drops cold via Fedex Next Day Air directly to you (at no additional cost). Redline will reach out to you every 6 weeks to confirm your refill and schedule their shipments.

## How are Atropine eye drops dispensed?

You will receive 3 x 3ml bottles with instructions to use 1 bottle for 2 weeks stored in the refrigerator while freezing the other two bottles for a total of a 6 week supply. After 2 weeks, the first bottle is discarded and a second bottle is used while stored refrigerated. This is the ensure the stability and sterility of the medication.

**How to instill Atropine eye drops:** Have the child tilt their head back slightly. Lightly press just below the bottom lid to open the lid and create a 'bowl-like' area for the drop. Drop one drop into the area. Release the lid and have the keep their eye closed for about one minute. Massage the inner temple between the eye and the nose to work the drop into the eye. Repeat in the other eye.

## Helpful Links for Atropine Eye Drops - Myopia Control Treatment:

- 1. Atropine Eye Drops | https://www.mykidsvision.org/blog/atropine-eye-drops/
- 2. Redline Pharmacy | https://www.redlinepharmacy.com/atropine/

Any questions? Please call 402.697.5122.

We look forward to serving you on this journey towards your child's eye health.

All our best,

The Good Life Eyecare Team